



Dear Students and Parents,

I would like to thank our community for their continued generosity toward our Lenten Coin Drive. Please continue to send in your loose change to support this cause. We will also be holding a bake sale at lunch on April 3rd. Again, all funds raised will be used to support a family in the Philippines.

We would like to send our best wishes to our ten students headed to Boston on our student exchange on April 6th. Students will spend 7 days with a student from TechBoston Academy. Mr. Lafleur and Mr. Brookes are our two teacher chaperones.

A big congratulations goes out to all of the students who completed the Ontario Secondary School Literacy Test on March 27th. Our students were prepared and confident.

High School students are completing the first term of Semester Two. Report cards for grade 9-12 students will be sent home on Thursday, April 18th.

Plans are underway for the 2019-2020 school year. Please ensure that course selection sheets are submitted to the Guidance office asap. As always, feel free to call the school if you have any questions regarding selecting the appropriate courses for your child.

Yours in Catholic Education,

Danny Palumbo



April Dates to Remember:

- Apr 01, Catholic School Council Meeting, Library, 6:45 PM
- Apr 02, Gr 9 to 11 Reconciliation
- Apr 04, Dress Down Day
- Apr 05, PD Day
- Apr 06, Students leave for 1 week Boston Exchange
- Apr 09, Just Us Youth Day
- Apr 10, Web Crew Activity
- Apr 11, Gr 12 Reconciliation
- Apr 12, Last Day of Semester 2, Term 1
- Apr 15, First Day of Semester 2, Term 2
- Apr 18, Holy Thursday, narrative of the Passions
- Apr 18, Gr 9 to 12 Report Cards go home
- Apr 18, Gr 7 & 8 Environment Day in PM
- Apr 19, Good Friday, no school
- Apr 22, Easter Monday, no school
- Apr 23, Gr 11 & 12 Financial Literacy Day in AM
- Apr 25, TIMSS Grade 8 Math Assessment
- Apr 26, Gr 12 Reconciliation
- Apr 26, Spirit Wear Day
- Apr 26, Student Senate meeting
- Apr 29, Bowl-A-Thon, all proceeds go to Defeat Depression

The Chaplain's Corner



A Meditation for a Holy Season

Do you ever feel like you've fallen to the ground, hurt from a lost relationship, or from the death of someone you love? Or perhaps you've been humiliated, feeling like your face is in the dirt? There are many situations in life that can leave us feeling like our face is in the dirt, but as Christians this shouldn't—let's rephrase—this mustn't cause us to despair.

Jesus also fell to the ground as he carried his cross—his face was in the dirt, Lord knows. But Jesus transforms everything and makes all things new; even the most humiliating and hurtful times can be moments of transformation and healing. Take this of the blind man:

As he went along, he saw a man blind from birth. His disciples asked him, "Rabbi, who sinned, this man or his parents, that he was born blind?" "Neither this man nor his parents sinned," said Jesus, "but this happened so that the works of God might be displayed in him. As long as it is day, we must do the works of him who sent me. Night is coming, when no one can work. While I am in the world, I am the light of the world."

After saying this, he spit on the ground, made some mud with the saliva, and put it on the man's eyes. "Go," he told him, "wash in the Pool of Siloam" (this word means "Sent"). So the man went and washed, and came home seeing.

[Then the people asked him,] "How then were your eyes opened?"

He replied, "The man they call Jesus made some mud and put it on my eyes. He told me to go to Siloam and wash. So I went and washed, and then I could see."

This blind man was being humiliated in front of Jesus—his defects were on display. But what does Jesus do? He takes the situation and transforms it: "this happened so that the works of God might be displayed in him." Wow—talk about turning their thinking upside down—a different tone than the focus on "sin" that the disciples first had...

And so it is with us. Our defects, our shortcomings, our failed relationships, our sorrows and our humiliations—these are all encapsulated in the story of the blind man. Perhaps we need to be reminded of those powerful words: "this happened so that the works of God might be displayed in us."

These are words to meditate on—words to change us; words to transform us. When we feel like our face is in the dirt, may we never forget that God uses dirt to bring about healing.

God bless you on your journey of transformation,

*Chris Vonesch,
Chaplaincy Leader*



2019 PROM

Date: May 31, 2019

Location: Infinity Centre,
2901 Gibford Dr, Gloucester

Time: 5:30 - 10:30

Second payment of \$40.00 is due by April 4th through School Cash Online. Tickets for guests will be available for purchase through School Cash Online for \$100.00 from April 8th to May 16th.

All students and guests will be required to sign a code of conduct before receiving their tickets. These forms will be available on May 16th.

Prom Fundraiser:

- Basketball Game (Senior Mixed Teams): Friday, May 3rd, Periods 3-4
Tickets on sale in Atrium: Monday, April 29th - Thursday May 2, (\$2.00).

March it on Out!

Many thanks to the community members who donated so many wonderful things toward the March it on Out event, held at St. Thomas Aquinas on Friday, March 22 and Saturday, March 23rd. Saturday, people started lining up shortly after sunrise to be among the first people through the doors in order to collect armloads of new treasures after paying the \$10 admission fee. The funds from this event support the activities of the Russell and District Horticultural Society in the Russell area. Special thanks to our student volunteers who worked tirelessly to help make the show a success!



HOST *an* international student!



Learn new customs and create lifelong friendships

The CDSBEO, in partnership with MLI Homestay, is currently seeking families to host international students for the 2019/2020 school year, ranging from Grades 7-12. There are opportunities to host students for short-term stays, for one semester, or for the whole school year. MLI Homestay will pay a supplemental fee to compensate for costs associated with hosting a student.



Discover your world...
study abroad.

CATHOLIC DISTRICT SCHOOL
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Hosting an international student is a unique way to share our culture, while learning about international cultures and customs.

If you are interested in this rewarding opportunity, please contact
Cindy LaRocque 613-284-2613 or email: international.education@cdsbeo.on.ca

Message from Catholic District School Board of Eastern Ontario

The Catholic District School Board of Eastern Ontario would like to announce our upcoming Personal Support Worker program information sessions. Our next session will begin in September. To register go to www.coned.cdsbeo.on.ca/psw/program-outline/ and link to the PSW program, followed by clicking on Program Outline and Information/Registration Sessions.

Program information sessions are as follows;

Vankleek Hill on Tuesday, May 14, 2019 at St. Jude Catholic Elementary School from 3- 4:00
Cornwall on Wednesday, May 15, 2019 at Holy Trinity C.S.S from 2- 3:00
Brockville on Thursday, May 16, 2019 at St. Mary C.H.S from 3 – 4:00
Smiths Falls on Friday, May 17, 2019 at St. James Catholic Education Centre from 2- 3:00

Other programs that are offered through the CDSBEO for adult learners include:

Evening Cooperative Education

eLearning

OYAP (Ontario Youth Apprentice Program) including adult Meat Cutting Program in Cornwall, PLAR (Prior Learning and Assessment), Adult Dual Credits in affiliation with Algonquin College, St. Lawrence College and Loyalist College. Applications are due in May.

Please contact Kevin Dionne, Coordinator of Continuing Education and Experiential Learning for more information at kevin.dionne@cdsbeo.on.ca

Bowl-a-thon on Monday April 29th

All proceeds will be going to the defeat depression day



Dates for SEAC – 2018-2019

Wednesday, April 17, 2019

Wednesday, May 22, 2019

Monday, June 3, 2019

Caring Relationships

Youth are more likely to grow up healthy when they receive support from three or more non-parent adults.

Young people need parents to talk to, but they also need other adults to bounce ideas off, to ask questions of, to laugh with, and to help sort through sticky situations.

Making Connections

Help your child connect with other positive adults. Here are some questions to discuss with your child:

- Which adult outside of our family would you like to get to know better? Why?
- If you had a tough question that you didn't want to discuss with me (us), who would you go to?
- How can we show our appreciation to the significant adults in your life?



Caring Adults

Young people who have other caring adults to talk with are:

- Less likely to do risky things, such as use alcohol or other drugs
- More likely to grow up successfully



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