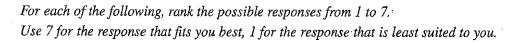
How Do I Prefer to Learn?



1. In my free time I like to	4. If I were trying not to be nervous, I
a) draw or paint	would find it helpful to
b) spend time with friends	a) doodle
c) listen to music	· · ·
d) daydream	b) talk with a friend
e) read a good book	c) whistle or sing
f) solve puzzles (like rubix cubes or	d) meditate
two-minute mysteries)	e) write in a journal
g) do something active	f) analyze whatever was worrying
2. In school I enjoy	me and list the different things]
a) art projects	could do to deal with it
b) things that help me get to know	
other people better	g) go out and do something
c) things that involve music	physical
d) learning more about myself	5. I learn best when I can
e) reading and writing	
f) math or science	a) make or draw a model of what
g) classes where we move	I'm learning
around a lot	b) make connections between what
0.7.	I'm learning and the ways
3. It is easiest for me to remember things	people interact
that	c) put what I'm learning to music
a) I can see in my mind	or to a beat
b) I have talked about with my	
friends	d) relate what I'm learning to my
c) remind me of a certain piece of music	understanding of myself
d) stir up my emotions	e) explain what I'm learning to
e) I have heard a story about	someone else
f) follow a logical pattern	f) put things in categories
g) I have done	g) do some "hands-on" learning
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6. I like	9. I'm good at
a) building things	a) making pictures
b) interacting with other people	b) understanding people
c) creating sound effects	c) recognizing music
d) spending time alone	d) imagining things
e) playing with words	e) writing or speaking
f) playing with numbers	f) solving problems
g) being active	g) drama or sports
g) being active	10. People compliment me for
7. I understand things best when	a) being artistic
a) someone shows me how they	b) being a good listener
work	c) having a good sense of rhythm
b) my friends explain them to me	d) being self reliant
c) they are expressed in music or	e) being articulate (or good with
with sound effects	words)
d) they have something to do with	f) being logical
who I am	g) being co-ordinated
e) I have read the instructions	Add the total score for each letter and write
f) they follow a pattern	it here:
g)I have done them myself	a
8. I like learning	b
a) how to design things	
b) how to understand other people	c
better	
c) music	d
d) new things about myself	
e) stories	e
f) scientific facts	f
g) how to play a new sport or do a	
new dance step	g