**Structured Note: Lesson 1: Intro to Families**

Invention of families…

Hunter-gatherer…

Beginning of marriage…

Marriage theories…

First Canadian theories…

Agriculture families…

Nuclear family…

19th century…

20th century…

Families in popular culture examples (see clips):

TV:

1. *All in the Family*
2. *The Andy Griffith Show*
3. *Family Ties*
4. *Party of Five*
5. *The OC*
6. *Ozbounres/Hogans/Simmons/Kardashians*
7. *Golden Girls*
8. *Different Strokes*

Film:

1. *Coco*
2. *October Sky*
3. *In the Bedroom*
4. *One True Thing*
5. *Life is Beautiful*
6. *Brother Bear*
7. *Guess Who’s Coming to Dinner*
8. *Christmas Vacation*
9. *Big Fish*
10. *Father of the Bride*
11. *Mrs. Doubtfire*
12. *Ferdinand*
13. *Smallfoot*
14. *Finding Nemo*
15. *Brother Bear*
16. *In the Bedroom*
17. *Chocolat*

*Key Figures:*

1. Max Webber
2. Pierre Bourdieu
3. Malcolm Gladwell
4. Noam Chomsky
5. Jordan Peterson
6. Jurgen Habermas
7. B. F. Skinner
8. Jean Piaget
9. Sigmund Freud
10. Albert Bandura
11. Leon Festinger
12. William James
13. Ivan Pavlov
14. Carl Rogers
15. Reginald Bibby

Family Theorists:

1. Anne-Marie Ambert
2. Helen Fisher
3. Martin King Whyte
4. Barbara Mitchell
5. Helen Harris
6. MartinTurcotte
7. Bernard Murstein
8. Ira Matathia
9. Maureen Baker
10. Betty Carter
11. Jane Loevinger
12. Pamela Regan
13. Carol Gilligan
14. Jeffrey Arnett
15. Reginald Bibby\*
16. Daniel Levinson
17. John Gottman
18. Robert Sternberg
19. David Buss
20. Justice Blair
21. Romola Dugsin
22. Erik Erikson\*
23. Klaus Riegel
24. Talcott Parsons
25. G. Stanley Hall
26. Leonard Pearlin
27. Urie Bronfenbrenner
28. Gail Sheehy
29. Margaret Mead\*
30. William Goode

**Positive psychology**: (the scientific study of what makes life most worth living and positive human functioning and flourishing on multiple levels that include the biological, personal, relational, institutional, cultural, and global dimensions of life. It concerned with eudaimonia, "the good life", reflection about what holds the greatest value in life – the factors that contribute the most to a well-lived and fulfilling life and **mindfulness** (Key figures: Norman Vincent Peale, Abraham Hicks, Marianne Williamson, Louise Hay, Wayne Dyer, Bruce Lipton, Gregg Braden, Deepak Chopera, Eckart Tolle)

1. Write a description of family life, including both positive and negative aspects, from the point of view of a young adult of the opposite gender to you during this time.
2. Suggest how families in 50-100 years will change and carry out the functions of the family.

Sociology (see p. 33)

Psychology (see p. 34)

Theory (see p.36)

Conflict Theory (see p. 43)

Feminist theories (See p. 45)

Divorce rate